

OCTOBER 2023

ST. BENEDICT
CATHEDRAL SCHOOL



Raven News

ANNOUNCEMENTS

- October 6-10 - Fall Break
- October 13 - Last Day of 1st Quarter
- October 23 - 28 - Red Ribbon Week

FROM THE PRINCIPAL'S DESK

Greetings for the autumn season! We thank our dedicated parents and volunteers for their assistance during our book fair. Your support has made a significant impact. We appreciate the generous donations that have poured in for our recess equipment. Your contributions have enhanced our school experience in countless ways.

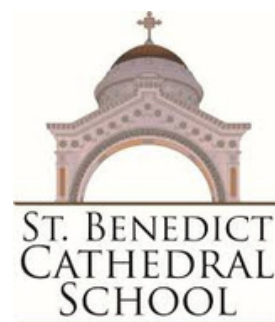
As we celebrate the joys of fall, please remember that Fall Break is scheduled from October 6th to October 10th.

Let's showcase some events happening in October!

- October 2: Custodial and Maintenance Appreciation Day! Thanks to Zach Stilin and Ms. April for keeping our school and parish running smoothly and looking good. 😊
- October 13: MHS marching band to perform in the back parking lot.
- October 9-13: It's National School Lunch Week (taste testing a variety of apples)
- October: We recognize October as National Bullying Month, promoting kindness and respect in our school community.
- October 19: Mark your calendars for the Great American Shake Out, an earthquake drill that ensures our preparedness.
- October 23-28: Participate in Red Ribbon Week, where we emphasize the importance of a drug-free and healthy lifestyle.

Thank you for your continued support and involvement in our school. Together, we make a difference!

Anchored in Faith,
Laurie Schopmeyer



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Teaching minds... Touching hearts... Shaping souls



WAY TO GO, RAVENS!

Our students recently participated in the Evansville Philharmonic's Symphony of Color Contest and were asked to listen to musical selections from "Pictures at an Exhibition" by Modest Mussorsky and "interpret the music into a two-dimensional visual art form." Winners were selected by representatives from the Evansville Philharmonic, the Evansville Museum, and the Children's Museum by the student's ability to express the sounds and emotions observed through the use of music. Congratulations to these winners from St. Ben's:

Lincoln Siemer- 1st Grade Winner
Wren Rascher- 2nd Grade Winner
Kingston Tapp-3rd Grade Winner
Maddy Primus-5th Grade Winner
Children's Museum Choice- Daphne Rodenberg
Grand Prize Winner- Xavier Stilin

Honorable Mentions went to:

Violet Bessler
Camilla Cooley
Marie McManaway
Juliann Effinger
Taelynn Smith



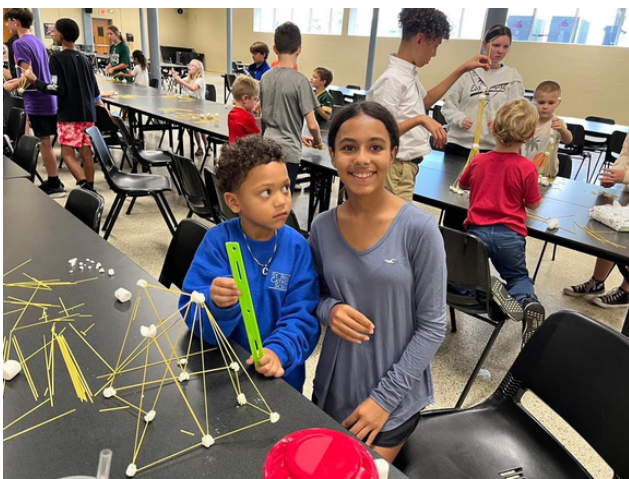
IMPORTANT DATES



- December 12th at 6:30 pm in the Auditorium- Kindergarten - 4th Grade Christmas Music Program

LEARNING IS FUN AT ST. BEN'S!

.....See what students have been up to recently!



7th grade and 1st grade students recently met up and did a STEM project together where they tried to build the tallest towers with marshmallows and spaghetti.



Our 8th grade Leadership/Service class assisted kindergarten students in making their pumpkin shirts for their upcoming field trip. This is a longstanding tradition that had many 8th graders remembering their own shirts!





BULLYING PREVENTION MONTH & NATIONAL UNITY DAY

October is National Bullying Prevention Month. Prevention campaigns help build understanding and unite communities to take action against bullying. When our children understand what bullying means and what it can look like, it empowers them to stand up to peers who engage in this behavior. We can also promote positive actions such as kindness, inclusion, and acceptance to decrease bullying.

Bullying affects witnesses as well as targets. Those who witness bullying often report feeling unsafe, helpless, and afraid that they will be the next target. It is important to amplify the unified message that no one deserves to be bullied and all students deserve to feel safe and supported.

Students can be especially effective in bullying intervention. Silence is not an acceptable response to bullying. Ignoring it won't work. Everyone needs to be empowered with options for responding to bullying situations. Adults can help empower children by talking about how to be more than a bystander in bullying situations. Encourage your child to be an upstander instead. Make sure they know how to proactively stand up for others and report bullying behaviors to an adult in charge. If a child believes they can make a difference in a situation, they will be more likely to act. Strategies you can teach your child are:

- o talk to the student and listen to how they are feeling
- o help the student get away from the situation
- o help the student report the situation
- o confront the bully and tell them to stop



Everyone's actions matter; we all have a role to play in bullying prevention. Our message to others is stronger when we are united by the common principle that bullying is never acceptable. In order to promote this message in school, St Ben's will participate in National Unity Day on October 18 by wearing orange. Students will also have the opportunity to sign a pledge to help create a community without bullying through kindness, acceptance, and inclusion.

Brooke Skipper is the Youth First Social Worker at St Benedict Cathedral School. She is in the building Monday/Tuesday/Friday 7:30-3:30. You can call the school to reach her personal extension or send her an email at bskipper@youthfirstinc.org. All contacts are confidential.

Future Tigers!

Christ the King
Holy Rosary

St. Benedict
Holy Spirit

Good Shepherd
St. John

September 2023

Dear Parents,

Throughout the school year, our Memorial partner school families have the wonderful opportunity to be entertained by the athletic talents of our graduates as they excel in their various sports. Memorial is blessed with a great tradition of support for their many athletic programs and we are proud to be Tiger fans.

However, there is another area of athletics that needs our support as well...***the conduct and safety of our partner school fans attending RMHS events.*** There is great concern from those who sponsor, work and host athletic contests regarding partner school students at the games. There are a number of children who appear unsupervised and who run and play throughout the stands and stadium and make the event difficult to enjoy and stressful to work for others.

We ask for our parents to support our efforts at providing a safe, social, family/community environment for our children and our fans. Students should not be attending the events without a responsible adult. Ultimately, our students are the responsibility of their parents. Neither the school nor the diocese will accept liability for any injuries. Running and playing throughout the stadium is not allowed, and we ask parents to supervise their children during the games. Bringing balls or other items to the game to play with is also not allowed. Remind children that those who work the events (athletic directors, law enforcement officers and others) are adults and respect is to be shown in all circumstances.

Above all else, remind children that they represent their feeder schools, Memorial High School and their own families, and their behavior should reflect Christian values. Recall that good sportsmanship also extends to the fans in the stands! Let's all be a part of creating a wonderful atmosphere for all of our children, our families and our competitors by working together!

We look forward to continued success of our Memorial and partner schools!

All for the children,

Matt More
Christ the King

Kristen Girten
Good Shepherd

Joan Fredrich
Holy Rosary

David Memmer
Holy Spirit

Elizabeth Flatt
St. John the Baptist

Laurie Schopmeyer
St. Benedict

Aaron Schmitt
Reitz Memorial

It's Time for St. Benedict Cathedral Parish's

Undie Sunday 2023

“Undies” to be collected at the Masses

The weekend of Oct. 22-22



*New “Undies” of all sizes are needed
for boys, girls, men and women*

**Socks *Underwear *T-shirts*

**Bra's *Panties *you wear it, they need it!*

**Your donations help the Christian Life Center
meet the *unseen* needs.**

Boxes will be at the entrances to the church.

St. Ben's “support” for this cause is a unique way to fill the “unseen” needs of so many!



**KNIGHTS
OF COLUMBUS**
IN SERVICE TO ONE. IN SERVICE TO ALL.

UNDIE SUNDAY is an activity of the Knights of Columbus Council #7544. Over 100 members strong and growing in our Catholic Faith. For more information on the K of C or how you can “support” UNDIE SUNDAY contact Mark Hackert at 812-319-6403. For info on Knights email us at ko7c7544info@gmail.com

fever presents

Candlelight

A HAUNTED EVENING OF HALLOWEEN CLASSICS

SAINT BENEDICT
CATHEDRAL




OCTOBER 29
6:00PM & 8:30PM



Get your tickets here

candlelightexperience.com
[@candlelightconcerts](https://twitter.com/candlelightconcerts)

October 2023

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2 Super Nachos Salad Shaker Salsa Baby Carrots Refried Beans Fruit Milk</p> <p>Alt: Uncrustable</p>	<p>3 Corn Dog Baked Beans Potato Smiles Fruit Milk</p> <p>Alt: Uncrustable</p>	<p>4 Chicken Nuggets Green Beans Mashed Potatoes Fruit Dinner Roll Milk</p> <p>Alt: Uncrustable</p>	<p>5 Papa John's Pizza Shredded Lettuce Baby Carrots Fruit Milk Chocolate Chip Cookie</p> <p>Alt: Uncrustable</p>	<p>6 No School!</p> 
<p>9 No School!</p> 	<p>10 No School!</p> 	<p>11 Chicken Tenders Mashed Potatoes Corn Fruit Dinner Roll Milk</p> <p>Alt: Uncrustable</p>	<p>12 Freshly Baked Donut Fruit Smoothie Tater Tots Fruit Milk</p> <p>Alt: Uncrustable</p>	<p>13 Papa John's Pizza Mixed Fresh Veggies Salad Shaker Fruit Milk</p> <p>Chocolate Chip Cookie Alt: Uncrustable</p>
<p>16 Fish Filet Baby Carrots Corn Fruit Mac & Cheese Milk</p> <p>Alt: Uncrustable</p>	<p>17 Hot Dog on a Bun French Fries Baked Beans Fruit Milk</p> <p>Alt: Uncrustable</p>	<p>18 Chicken Nuggets Mashed Potatoes Green Beans Fruit Roll Milk</p> <p>Alt: Uncrustable</p>	<p>19 Mini Waffles Yogurt Tater Tots Fruit Milk</p> <p>Alt: Uncrustable</p>	<p>20 Papa John's Pizza Mixed Fresh Veggies Salad Shaker Fruit Milk</p> <p>Chocolate Chip Cookie Alt: Uncrustable</p>
<p>23 Beef Soft Taco Salad Shaker Salsa Baby Carrots Refried Beans Fruit Milk</p> <p>Alt: Uncrustable</p>	<p>24 Soft Pretzel with Cheese sauce Tomato Soup Salad Shaker Fruit</p> <p>Milk Alt: Uncrustable</p>	<p>25 Popcorn Chicken Mashed Potatoes Corn Fruit Roll Milk</p> <p>Alt: Uncrustable</p>	<p>26 Mini Cinnis Fruit Smoothie Tater Tots Fruit Milk</p> <p>Alt: Uncrustable</p>	<p>27 Papa John's Pizza Mixed Fresh Veggies Shredded Lettuce Fruit Milk</p> <p>Chocolate Chip Cookie Alt: Uncrustable</p>
<p>30 Chicken Noodle Soup Cheese Bosco Stick Salad Shaker Baby Carrots Fruit Milk</p> <p>Alt: Uncrustable</p>	<p>31 Mummy Dogs Witches Fingers Pumpkin Guts (Dessert) Freaky Fruit Monster Milk</p> <p>Alt: Uncrustable</p>	<p>This institution is an equal opportunity provider.</p>		