CATHEDRAL SCHOOL





ANNOUNCEMENTS

- November 5-11 National Vocations Awareness Week
- November 10 Honor Flight Donations
- November 17 Midterms
- November 22-26 Thanksgiving Break

FROM THE PRINCIPAL'S DESK

Dear Raven Families,

November serves as a gentle reminder to embrace gratitude and reflect on our blessings. As we view the colors of autumn and anticipate the crisp days ahead, we are reminded of the beauty that surrounds us. November begins with our All-Saint's Mass on November 1 at 9:00, consider joining us in celebration with Father Alex and Bishop Siegel. Additionally, on November 15, our 4th graders will prepare the Saints Gallery, an informative program that sheds light on the history of various saints.

Starting on November 3, we introduce Adoration to our students. This is a time set aside on Fridays, once a month. The Adoration of the Holy Eucharist, or Eucharistic Adoration, is an opportunity for the faithful to pray to Jesus Christ before the Eucharist. It is a cherished moment for both our teachers and students to express and deepen their love for Christ.

The Serra Club of Evansville sponsored the Vocation Awareness Program for eighth-grade students. This program encourages them to explore and deepen their understanding of vocations while motivating them to think about their life's purpose. Natalie Schulz and Owen Elpers have been selected to represent St. Benedict. They will attend a luncheon at the Catholic Center, congratulations.

Our 8th-grade Leadership/Service class oversees Operation Christmas Child Collection which begins October 30-November 8. Our goal is to fill 50 shoe-sized boxes of paper and drawing materials for children before the Christmas holidays. More details soon.

Mark your calendars for World Kindness Week, November 13-19. We encourage everyone to participate in this week of kindness and charity. The month is celebrated by donating food and supplies to local communities and pledging to empathize with other people. Even the smallest

act is an opportunity to give back. This week strives to foster a society where all can lead dignified lives. During this week, our Seeds of Kindness Feed the Hungry initiative will begin. Students will be asked to bring in a different food item each day. This food drive will serve our local community, St. Vincent de Paul.

St. Benedict Cathedral School is proud to partner with The Rise Group to add another layer of safety and security to our campus. Students and parents can utilize an anonymous reporting tool designed to protect the identity of the person making the report. The information provided is shared anonymously with school administrators to keep our school climate and culture a safe learning environment for all of our students. Any concerns or issues that you feel need to be reported to a school administrator can be submitted anonymously, as safety is our priority at St. Ben's. You can access the Anonymous Reporting Tool by visiting our website at: https://saintbenedictcathedral.org/anonymous-reporting-tool/.

We finish out November with the Thanksgiving holiday, a perfect opportunity to relax and enjoy quality time with loved ones.

Anchored in Faith, Laurie Schopmeyer



Bart Burke Dean of Students & Keyway

bburke@evdio.org

Ami Pitt Administrative Assistant apitt@evdio.org

ST. BENEDICT CATHEDRAL SCHOOL



Roven News

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FALL FUN!

4th grade students recently enjoy several of the wonders of God's creation. They started the day with a trip to the Nature Playscape in Wesselman Woods where they were able to learn about and explore nature. Then, they traveled to Evansville Museum planetarium to learn about the solar eclipse coming in April.

Kindergarten students also went on their annual field trip to the Cates Farm pumpkin patch.

All Raven students participated in
"Apple Week" and got to sample different
types of apples at lunch time. All of the green
apples — Golden Delicious, Granny Smith,
and Gold Rush— were donated from
Countryside Orchard. The red apples — Red
Delicious, Gala, and Fuji—are from the DoD Fresh
Program, which is our state fresh fruit and
vegetable program.



IMPORTANT DATES



• December 12th at 6:30 pm in the Auditorium- Kindergarten - 4th Grade Christmas Music Program

ST. BENEDICT CATHEDRAL SCHOOL





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LEARNING IS FUN AT ST. BEN'S!

.....See what students have been up to recently!



October brought a lot of worthy causes and reasons to dress up for!

Raven students were able to wear orange to honor National Bullying Prevention Month, and to help raise awareness that bullying and cyber-bullying is NOT cool.

Students also participated in Red Ribbon Week to raise awareness of making the choice to live drug free. Some of the themes for the week included, "Give Drugs The Boot (Western Wear Day)," "Too Bright For Drugs (Neon Wear Day), and "Lei Off Drugs (Hawaiian Wear Day). Students always have fun getting a break from their school uniforms!





NOVEMBER 2023







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WORLD KINDNESS WEEK! NOVEMBER 13-17

World Kindness Week Helps to Create a Positive School Culture!

Compassion is the feeling you get when you notice someone else is suffering, and you feel motivated to help relieve that suffering. When compassion leads to action, we often call the result kindness. Both are influenced by our <u>empathy</u> but go further by also including the desire/action to help. Compassion and kindness go hand in hand when working to create a positive culture in our schools and our communities. Research has shown that compassion and kindness are deeply rooted in human nature–our first impulse is to cooperate rather than compete. Even toddlers spontaneously help people in need out of genuine concern for their welfare. This innate kindness, however, often gets lost in a society built on competition. Schools have a golden opportunity to cultivate the compassionate side of students by creating a school culture in which kindness is valued and practiced. In October, we recognized the importance of kindness and inclusion by wearing orange on World Unity Day.

In November, St Ben's will again be celebrating World Kindness Week. Our theme this year will be "Planting Seeds of Kindness". During the week of November 13-17, fun activities have been planned to encourage students to actively choose kindness in all that they do.

- Back by popular demand, kindness challenges will be hidden throughout the school. If a student finds the challenge, they must complete it and turn the challenge into their teacher. Names of students will then be displayed in the cafeteria.
- Students will write chalk messages outside to help encourage us to choose kindness.
- Students will have a chance to give back by participating in a food drive with different items collected
 each day. The homeroom that collects the most items will receive a sweet treat reward!

Creating a culture of kindness is one of the best things we can do for our families, students, and communities. Let's recognize the importance of kindness in November and every day.

Brooke Skipper is the Youth First Social Worker at St Benedict Cathedral School. She is in the building Monday/Tuesday/Friday 7:30-3:30. You can call the school to reach her personal extension or send her an email at bskipper@youthfirstinc.org. All contacts are confidential.



St. Benedict Operation Christmas Child Collection

Collection Date
October 30 - November 8th, 2023

Goal is 50 boxes 25 boxes for girls and 25 boxes for boys

Asking the entire school to bring in items by grades.

Preschool - Grade 2

Grade 3-5

Grade 6-8

Also, in need of \$500 for shipping.

Boxes have been donated, however we need to pay for shipping.

It costs \$10 per box to ship

This project is being led by our 8th grade Leadership/Service Class.



We Give A'zip

GIVEBACK DAY

St. Bens Catholic School

Organization

November 8, 2023

Date of Event

Azzip East

Location of Event



ONLINE CODE: GIVEBACK11



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Please join St Benedict Catholic School, Reitz Memorial High School, and its partner schools to help raise awareness and money to provide a special opportunity for local veterans to take an Honor Flight to Washington, D.C.!

Patriotic Dress Day Wear RED, WHITE, & BLUE Friday, November 10, 2023

\$500 will send one veteran on the Honor Flight. Please consider a donation of **any** amount to help!

Bring your donation to your homeroom teacher by Friday November 10.







Honor Flight of Southern Indiana

Honor Flight of Southern Indiana is the 133rd Honor Flight Network. This is a non-profit organization created solely to honor America's veterans for all their sacrifices. They transport our heroes to Washington, D.C. to visit and reflect at their memorials. For more information, visit www.honorflightsi.org.





MONDAY: BRING BOXES OF CAKE MIX AND DRESS IN A TYE DYE SHIRT TO SHOW YOU THROW KINDNESS AROUND LIKE SUNDAE SPRINKLES.

TUESDAY: DONATE CANS OF SOUP AND DRESS LIKE A CAMPBELL SOUP CAN IN A RED SHIRT.

WEDNESDAY: SPREAD SUNSHINE IN A YELLOW OR ORANGE SHIRT IF YOU BRING IN CANS OF FRUIT.

THURSDAY: DONATE SOME VEGGIES AND REMEMBER TO WEAR A GREEN SHIRT AND EAT YOUR GREENS.

FRIDAY: DRESS LIKE A WHEATIES BOX IN A SPORTS JERSEY IF YOU BRING IN A BOX OF CEREAL TO END THE WEEK.

THE WINNING HOMEROOM THAT THROWS AROUND KINDNESS LIKE SPRINKLES WILL RECEIVE AN ICE CREAM SUNDAE TREAT.



2023 - 2024

MEMORIAL TIGER WRESTLING CLUB

THE MEMORIAL TIGER WRESTLING CLUB WAS DEVELOPED TO OFFER MEMORIAL FEEDER WRESTLERS THE OPPORTUNITY TO PARTICIPATE IN A STRUCTURED WRESTLING PROGRAM THAT REPRESENTS THE RICH HISTORY OF MEMORIAL HIGH SCHOOL AND THE WRESTLING PROGRAM. THE MTWC IS FOR ANY WRESTLER IN GRADES KINDERGARTEN THRU 8TH GRADE AND IS A SEPARATE PROGRAM FROM THE TRADITIONAL MHS FEEDER WRESTLING LEAGUE THAT RUNS IN FEBRUARY AND MARCH. THE MEMORIAL TIGER WRESTLING CLUB ALLOWS ALL MEMORIAL FEEDER WRESTLERS THE CHANCE TO PRACTICE, IMPROVE, AND COMPETE AS ONE TEAM THAT REPRESENTS THE MEMORIAL TIGERS!!

PROGRAM	<u>INFO</u>
- PRACTICES	ARE AT MHS

- PRACTICES 2-3 NIGHTS A WEEK
- ELEMENTARY AGES COMPETE IN A 12 TEAM CONFERENCE
- COMPETITIONS ON SUNDAYS FOR ELEMENTARY
- MIDDLE SCHOOL COMPETES VS OTHER AREA "CUB" TEAMS
- STATE CHAMPIONSHIP OPPORTUNITIES
- CONFERENCE CHAMPIONSHIP OPPORTUNITIES

IMPORTANT SCHEDULE DATES

12/17/23 SOUTHRIDGE MAT RAID TOURNAMENT

12/31/23 JASPER OPEN

01/07/24 SIEWC WEEK 1 OPEN 01/14/24 SIEWC WEEK 2 OPEN

01/21/24 SIEWC WEEK 3 OPEN 01/28/24 SIEWC TEAM DUALS

02/04/24 SIEWC CHAMPIONSHIPS
JUST A FEW / MANY OTHERS TO FOLLOW

CLUB FEES AND WHATS INCLUDED?

ELEM (K-6TH) MEMBERSHIP - \$110.00 MIDDLE SCHOOL (7TH-8TH) MEMBERSHIP - \$75.00

FEE INCLUDES-

USA / ISWA WRESTLING CARD (REQUIRED TO COMPETE)
MOUTHPIECE (REQUIRED TO COMPETE)
TEE SHIRT AND SHORTS "PRACTICE PACK"
USE OF CLUB OWNED UNIFORM (MUST BE RETURNED)

** PERSONAL UNIFORMS MAY BE PURCHASES ALSO

HOW DO WE SIGN UP?

TEAM SIGN UPS

IN PERSON – MONDAY 11/13/23 AT MHS 5:00-5:30 OR ONLINE AT THIS LINK

https://forms.gle/vYvr37gpRxN1Sw1o8

PARENT MEETING 11/13/23 AT MHS 5:45 – 6:15

FIRST PRACTICE 11/13/23 AT MHS 5:30 – 6:30











INTERESTED BUT HAVE QUESTIONS? PLEASE REACH OUT TO ANY OF THE FOLLOWING

MATT HAPPE 812-454-7375

JEFF SCHAEFER 812-589-9301

MIKE FREEMAN 812-453-9200



Memorial Boys FEEDER 2023 Fall/Winter Lacrosse Clinics

4TH - 8th GRADERS

LEARN and **PLAY** the most popular emerging youth sport in the nation!

ALL SKILL LEVELS ARE WELCOME

MONDAYS AND TUESDAYS: 4:30pm - 5:30pm

Fall Clinic: October 16 – November 21 @ Holy Rosary Catholic School (No clinic on Oct. 31)

Winter Clinic: November 27 – December 19 @ Metro Sports Center

FALL LOCATION

Holy Rosary Catholic School 1303 S Green River Road Evansville, IN 47715 WINTER LOCATION

Metro Sports Center 5820 Metro Centre Dr. Evansville, IN 47715

<u>Total Cost</u> for All Fall/Winter Clinics Combined: <u>\$50</u> (Checks can be made out to: "Memorial Boys Lacrosse")

You pay \$50 one time, and you get to participate in ALL Monday and Tuesday clinics and receive a reversible "pinnie" (jersey). Sorry, there will be no discounted rates for partial participation but come to as many or as few clinics as you'd like.

NO EQUIPMENT NECESSARY (except a mouthguard and pelvic protection/cup) – Equipment will be issued from Holy Rosary Catholic School on **October 16** before the start of the first clinic. Please bring a bag to store the equipment you are issued.

No equipment will be issued without a completed registration form and payment. Equipment will also not be issued to those who participated last year but failed to return it. You are welcome to purchase your own equipment so long as it conforms with current US Lacrosse requirements for your child's age group.

Questions? Please contact me: Cliff Rogers

812-204-3486

cliffrogers77@gmail.com memorial.lax@gmail.com



2023 LICENSE #157642, 2024 LICENSE # ON FILE IN ECHS OFFICE.

12 Monthly Drawings with 48 chances to WIN!



GRAND PRIZE \$10,000

2ND PRIZE \$1,500 3RD PRIZE \$1,000 4TH PRIZE \$500

ONLY \$100 PER TICKET

TICKET IS VALID JANUARY-DECEMBER 2024



FOUR DRAWINGS EVERY MONTH ON THE 3RD THURSDAY

WINNERS WILL BE ANNOUNCED AFTER ALL WINNERS ARE NOTIFIED

FOR MORE INFORMATION CONTACT

BRIE ELMENDORF 812-303-0014 BELMENDORF@EVDIO.ORG MALLORY HERTEL 812-421-5727 MHERTEL@EVDIO.ORG

LIKE US ON FACEBOOK AT TRADITION LOTTERY

November 2023

	Monday	Tuesday	Wednesday	Thursday	Friday
	, and the second se		1 Chicken Tenders Mashed Potatoes Green Beans Fruit Roll Milk Alt: Uncrustable w/ String Cheese	2 Grilled Chicken Sandwich French Fries Baked Beans Blueberries Milk Alt: Uncrustable w/ String Cheese	Papa John's Pizza Mixed Fresh Veggies Shredded Lettuce Fruit Milk Chocolate Chip Cookie Alt: Uncrustable w/ String Cheese
6	Chicken Strip Taco Salsa Shredded Lettuce Refried Beans Fruit Tortillas Chips Milk Alt: Uncrustable w/ String Cheese	7 Corn Dog Salad Shaker Potato Wedges Fruit Milk Alt: Uncrustable w/ String Cheese	8 Chicken Nuggets Mashed Potatoes Corn Fruit Roll Milk Alt: Uncrustable w/ String Cheese	9 Hamburger/Cheese Burger Baby Carrots Potato Smiles Milk Alt: Uncrustable w/ String Cheese	10 Papa John's Pizza Mixed Fresh Veggies Shredded Lettuce Fruit Milk Chocolate Chip Cookie Alt: Uncrustable w/ String Cheese
13	Chicken Strips Baby Carrots Peas Fruit Mac & Cheese Milk Alt: Uncrustable w/ String Cheese	14 Hot Dog on a Bun French Fries Baked Beans Fruit Milk Alt: Uncrustable w/ String Cheese	Oven Roasted Turkey Mashed Potatoes Green Beans Fruit Roll Milk Alt: Uncrustable w/ String Cheese	16 Mini Cinnis Ham, Diced Tater Tots Fruit Milk Alt: Uncrustable w/ String Cheese	17 Papa John's Pizza Baby Carrots Salad Shaker Fruit Milk Chocolate Chip Cookie Alt: Uncrustable w/ String Cheese
20	Pepperoni Calzone Salad Shaker Baby Carrots Fruit Milk Alt: Uncrustable w/ String Cheese	Papa John's Pizza Mixed Fresh Veggies Shredded Lettuce Fruit Milk Chocolate Chip Cookie Alt: Uncrustable w/ String Cheese	22	happy THANKSGIVING DAY	24
27	Beef Soft Taco Salad Shaker Salsa Refried Beans Fruit Milk Alt: Uncrustable w/ String Cheese	28 Soft Pretzel with Cheese sauce Chicken Noodle Soup Salad Shaker Celery Sticks Fruit Milk Alt: Uncrustable w/ String Cheese	29 Popcorn Chicken Mashed Potatoes Corn Fruit Roll Milk Alt: Uncrustable w/ String Cheese	30 Freshly Baked Donut Fruit Smoothie Tater Tots Fruit Milk Alt: Uncrustable w/ String Cheese This institution is an e	qual opportunity provider.

Lunch \$3.25 Side Item \$ 0.75 Milk \$0.50

Smart Snack \$1.00

Large Water \$1.00 Small Water \$0.50

FREE Extra Fruit and Vegetables
(Potato and Juice products excluded)
FREE Cups are provided

to fill water at the water fountain