

JANUARY 2024

**ST. BENEDICT**  
CATHEDRAL SCHOOL



*Raven News*

## ANNOUNCEMENTS

- January 12 - Chess Club begins
- January 15 - Martin Luther King, Jr. Day - No School (Potential Make-Up Day)
- January 29-February 3 - Catholic Schools Week

## FROM THE PRINCIPAL'S DESK

Dear Raven Families,

Welcome back! We hope everyone had time to relax and enjoy Christmas Break with family and friends. As we conclude the first semester, we reflect on the celebrations of Christmas parties and programs that filled our last days of December. Your support for our students and school faculty is truly a blessing, and we express our gratitude for your generosity. With the beginning of the second semester, we anticipate the continued collaboration that makes our school community thrive.

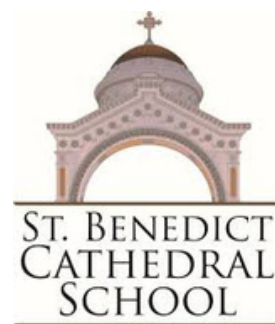
Congratulations to our Spelling Bee champions, who will compete in the Diocesan Spelling Bee on February 6 at the Catholic Center. Walt Collins is our 8th-grade champ and runner-up, Addison Koch. The winner of our Upper Elementary Grade Bee was Leona Moreau, and the runner-up was Aiden Chandler.

In addition, we are pleased to announce the hiring of Ms. Milly Rathburn to our middle school ELA team. Ms. Rathburn, who has been with us since August, completed her student teaching at St. Benedict last semester and chose to continue her journey with us. Originally from Greenwood, Indiana, Ms. Rathburn's passion for English education is evident, holding a bachelor's degree from USI in English Education. Ms. Rathburn shares, "I have always been a bookworm who loves to write. I also idolized the teachers I had throughout my education. I combined my passion for English and my love for education. Since entering college, I knew teaching middle school was the perfect place for me. I love teaching students at this age because they are starting to find their voice in writing. Seeing the creativity of the middle school students last semester solidified my decision to stay with St. Bens."

As we look ahead, we are gearing up for Catholic Schools Week at the end of this month. It is a memorable time for our parish and school community, and we invite you to join us for a family Mass on Saturday, January 27, at 4:30 in the Cathedral. Following the Mass, we will gather for Family Bingo and dinner in the Woodward Center of the school. Our staff is working to make this week special for our students.

As a St. Benedict community, let's reset and renew as we begin the second semester and embrace the new year's opportunities.

Anchored in Faith,  
Laurie Schopmeyer



## OFFICE STAFF

**Laurie Schopmeyer**

*Interim Principal*

lschopmeyer@evdio.org

**Bart Burke**

*Dean of Students*

*& Keyway*

bburke@evdio.org

**Ami Pitt**

*Administrative Assistant*

apitt@evdio.org

*Teaching minds... Touching hearts... Shaping souls*

## 'TIS THE SEASON TO CELEBRATE!

We had some very special visitors from the Children's Center for Dance who performed scenes from the Nutcracker. Three of our very own students, Eleanor, Athena, and Martha, were in the performance this year!



Kindergarten through 4th grade students rocked another fantastic Christmas Music Program!



Our 2023 Preschool/Pre-K Thanksgiving Feast was a success with great food, great fun, and great family time!



## IMPORTANT DATES

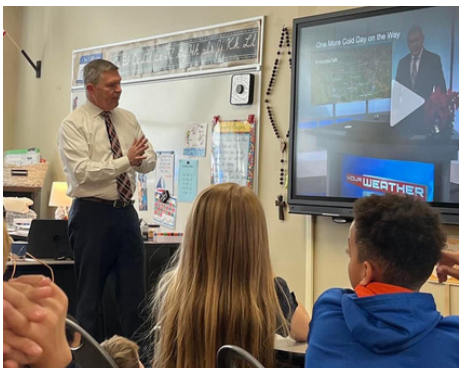


- January 27, 4:30 pm - Family Mass, with Family Dinner & Bingo immediately following in the Woodward Center



LEARNING IS FUN AT ST. BEN'S!

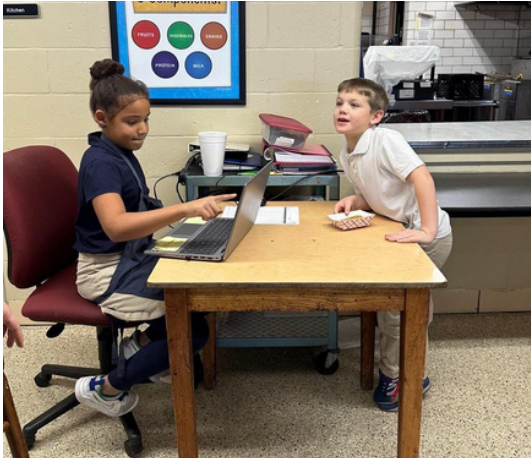
.....See what students have been up to recently.....



Our 3rd grade students would like to thank Wayne Hart for coming to visit and teaching them all about the weather!



2nd grader, Mariam, got to be a Cafeteria Worker for the day! She was a great help to our cafeteria staff.



Our 3rd and 4th grade girls basketball team recently hosted their only home games of the season against Sts. Peter & Paul. Go Ravens!





## BODILY AUTONOMY, CONSENT, & YOUR CHILD

In January and February, facilitators from Albion and Holly's House will be talking with students about ways to stay safe when it comes to their bodies. Each year, the Diocese requires this information to be presented in schools to help prevent child abuse. Experts agree that children need to be taught about bodily autonomy and consent starting at a young age. When children understand they have the right to decide when and how to use their bodies, they learn how to be assertive, set healthy boundaries, and can recognize their own needs as well as the needs of others.

How can we reinforce this at home? The way parents teach their kids about consent will vary from one child to another. Age and maturity will also factor in. You want to keep the discussions developmentally appropriate while still being open and informative. Here are some ideas for how to accomplish this.

- Teach your child it is okay to say "no" if they do not like something that is happening to their body. If they don't enjoy being tickled or do not want to give someone a hug, they should feel empowered to stop it. Help your child find alternative ways to show affection or respect, such as a high five, thumbs up, or a fist bump.
- Educate your child about the importance of receiving permission to touch another person's body, as well. If their friend does not want a hug, they have to learn to be okay with that. Understanding "yes means yes" prepares children for the future world of romantic relationships.
- Talk with your child about the difference between okay touches that make them feel happy, safe, and loved and not okay touches that make them feel uncomfortable, confused, or scared. Even if someone you know and love uses a touch that makes you feel uncomfortable, you have the right to say no.
- Ensure your child understands that your family does not keep secrets. This applies even if the person asking them to keep a secret is someone they love and trust, even if they are told not to tell, and even if they are told that something bad will happen if they tell. This includes when a friend asks them to keep a secret involving something bad happening to the friend. Help your child understand they will not be in trouble for sharing the secret with a trusted adult.
- Have your child identify at least 5 trusted adults they could turn to for help. Make sure the list includes some nonfamily members, as well. Remind your child these adults are there to help protect them and keep them safe.
- Parental modeling is key! A great way to reinforce consent at home is by sticking firmly to your own boundaries. If you told your child no more screen time, do not allow them to continue badgering you until you give in. This confuses the message of "yes means yes" and sets your child up for pressuring others to get their way.

***Brooke Skipper is the Youth First Social Worker at St Benedict Cathedral School. She is in the building Monday/Tuesday/Friday 7:30-3:30. You can call the school to reach her personal extension or send her an email at [bskipper@youthfirstinc.org](mailto:bskipper@youthfirstinc.org). All contacts are confidential.***



# North Park Upward Basketball League

Grades: K through 6th

Location: North Park Wesleyan Church  
(3360 N. 1st Avenue Evansville 47710)

## Registration/Evaluation Dates:

Saturday Jan. 6 9:30AM - 11:00AM

Tuesday Jan. 9 5:30PM - 7:00PM

Thursday Jan. 11 5:30PM - 7:00PM

Saturday Jan. 13 9:30AM - 11:00AM

Season starts the week of Feb. 5, 2024

More info on North Park Upward Basketball League  
Facebook Page





Reitz Memorial High School

WINTER

DANCE

CLINIC

MHS feeder schools ages K-8

January 6th

9am - Noon



SCAN ME

*Clinic will be held at  
Memorial High  
School*

**REGISTRATION:**  
\$40/person  
INCLUDES FREE  
TISHIRT

**PARTICIPANTS WILL  
LEARN A DANCE  
ROUTINE TO PERFORM  
WITH THE  
TIGERETTES DURING  
HALFTIME AT THE  
GAME ON JANUARY  
6TH**

*For more info please email  
[paige.perkins@eusck12.com](mailto:paige.perkins@eusck12.com) or  
[mtaylor@hsc CPA.com](mailto:mtaylor@hsc CPA.com)*



# TIGER WRESTLING NIGHT

SENIOR NIGHT FEEDER NIGHT ALUMNI NIGHT



**January 11th @ 6pm**

**MHS Auditorium**

**Come out and watch our team "RAGE on the Stage"  
Honor Seniors, Alumni & Current Feeder School Wrestlers**

**Saint Benedict Cathedral School Club Registration Form**  
**Spring Semester, Grades K-8**

**Who I Am:** Coach Logan has been a professional chess coach with nearly a decade of experience in teaching chess to kids and students of all ages. I have competed in national chess competitions from childhood into adulthood with strong performances in a variety of large tournaments. While I understand not every child is going to be a national champion, teaching chess to kids offers me an amazing opportunity to teach a game I enjoy to young people and help students develop themselves as thinkers and problem-solvers. The curriculum I have designed is highly accessible so that students with no experience or years of experience can continue to earn the benefits of playing chess.

**Benefits of Chess:** Students that participate in chess programs have been shown to have increased abilities in Problem Solving and Math throughout high school. Chess also teaches valuable life skills such as *Patience*, the *Value of Hard Work*, *Delayed Gratification*, among many others!

Please let me know if you have any questions about the Chess Club by sending me an email at [CoachLoganChess@gmail.com](mailto:CoachLoganChess@gmail.com), and I will be happy to answer your questions. I am looking forward to a great semester!

Student's Name: \_\_\_\_\_

Grade: \_\_\_\_\_ Chess Experience (beginners welcome!) \_\_\_\_\_  
*This class is taught from the ground up and involves each student based on their needs.*

Parent/Guardian Name(s): \_\_\_\_\_

Parent/Guardian Phone Number(s): \_\_\_\_\_

Parent/Guardian Email(s): \_\_\_\_\_

*Contact information is kept strictly confidential by the Chess Coach. Contact information will not be shared to any third parties for advertisement purposes and will only be used in regards to functioning of the class and as necessary for the benefit of the student. There will be no spam.*

**After Chess Club**, my child will be:

Picked up by Parent/Guardian: \_\_\_\_\_ Going to After-Care: \_\_\_\_\_

**Chess Club will meet on Fridays at school, starting January 12, 2024.**

- K-5 2:05-2:35                      6<sup>th</sup>-8<sup>th</sup> 1:30-2:10

**The Tournament Schedule for this year is listed below.**

**Attendance is Not Mandatory. Players do not have to attend the entire event.**

**Date(s):** All dates and details found on website [CoachLoganChess.com](http://CoachLoganChess.com)

**Time:** 10am-2pm.

**Sections:** K-5 (Beginner), K-8 (Intermediate), K-12(Advanced). Awards will be given to the top players in each section.

**Registration starts at 9:30am at Location. Cost \$12 cash or check accepted.**

**Additional information and FAQs found at [CoachLoganChess.com/tournaments](http://CoachLoganChess.com/tournaments)**

**Chess Club fees are \$65.00 for the Spring Semester 2024.**

*Please make checks payable to Coach Logan Chess and provide the completed registration form and payment to the Front Office.*





IN PREPARATION FOR  
*The Diocese of Evansville*

**EUCCHARISTIC  
CONGRESS**

PLEASE JOIN US FOR  
**AN EVENING OF  
ADORATION**

**Friday - January 12, 2024 - 6:30 PM**  
**St. Benedict Cathedral**

**With**  
**John Michael Talbot**  
**Very Rev. Alex Zenthoefer**  
**Dr. Edward Sri**



**NO TICKET NEEDED - ALL ARE WELCOME**





***STRENGTHEN YOUR  
NEW YEAR'S  
RESOLUTION!***

***The Diocese of Evansville***

# **EUCCHARISTIC CONGRESS**

***A Revival for Your Heart  
Life for Your Soul***

**Old National Events Plaza  
Evansville, IN**

**January 13, 2024**

**Bishop Joseph Siegel  
Rev. Tyler Tenbarger  
Rev. Alex Zenthoefer**

**Msgr. James P. Shea  
Dr. Edward. Sri  
Dr. Andrew and Sarah Swafford**

**John Michael Talbot  
PJ Anderson Music Group**

**[www.eucharisticcongressevdio.org](http://www.eucharisticcongressevdio.org)**



**SCAN ME**



# RAISE SOME DOUGH

*Help support us!*

25% of sales will benefit  
ST BENEDICT CATHEDRAL SCHOOL

January 15, 2024  
4:00 pm to 8:00 pm CDT  
220 N Burkhardt Rd, Evansville, IN

In Cafe    Drive-Thru

Pick-Up    Delivery

Enter promo code FUND4U at online checkout.

**Panera**  
**FUNDRAISING**





# The Best Babysitter is a SAFE SITTER

Ascension St. Vincent Evansville Community Outreach Services is offering SAFE SITTER, a medically accurate, hands-on class that teaches students in grades 6-8 how to handle emergencies when caring for children.

**Monday, January 15, 2024**

9:00 am - 3:30 pm

The cost of the Safe Sitter class is \$40 and covers the handbook, bag and supplies

SAFE SITTERS learn:

- What to do when a child chokes
- CPR
- Safety for the sitter
- How to call for emergency help
- Babysitting business skills
- Basic childcare skills, diapering, feeding, etc.
- How to entertain children and keep them safe

**To register**, call Lisa Myer

Ascension St. Vincent Evansville Community Relations  
812-485-1504 or email [Lisa.myer@ascension.org](mailto:Lisa.myer@ascension.org)





## St. Benedict Cathedral School

- Dual Accredited by Cognia and the Indiana Department of Education
- High Academic Excellence
- Faith Based and Christ Centered
- Preschool - 8th Grade
- 316 Students
- 47 Dedicated Staff Members
- Affordable Tuition
- Participates in the Indiana Choice Scholarship Program

St. Benedict  
Cathedral School  
530 S Harlan Ave  
Evansville, IN 47714

## Come and See Night February 1st 5-7pm



## Come join us to discover our Catholic School!

- Tour our School
- Meet the Principal and Teachers
- Discover our Catholic Identity
- Experience our Safe Environment

For more information, call 812-425-4596

[saintbenedictcathedral.org](http://saintbenedictcathedral.org)

# St Benedict Catholic School / 2024-2025

AUGUST '24						
S	M	T	W	Th	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

**7** First Day of School  
**30** No School- PD Day

FEBRUARY '25						
S	M	T	W	Th	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	

**17** Presidents' Day- No School (PMD)

SEPTEMBER '24						
S	M	T	W	Th	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

**2** Labor Day- No School

MARCH '25						
S	M	T	W	Th	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

**11** End of Quarter 3 (45)  
**24-28** Spring Break

OCTOBER '24						
S	M	T	W	Th	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

**9** End of Quarter 1 (44)  
**10-14** Fall Break  
**14** Columbus Day  
**31** Halloween

APRIL '25						
S	M	T	W	Th	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

**18** Good Friday  
**20** Easter Sunday  
**21** Easter Monday- No School (PMD)

NOVEMBER '24						
S	M	T	W	Th	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

**11** Veterans Day  
**27-29** No School  
**28** Thanksgiving Day

MAY '25						
S	M	T	W	Th	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

**11** Mother's Day  
**21** End of Quarter 4 (45)  
**26** Last Day of School  
Memorial's Day

DECEMBER '24						
S	M	T	W	Th	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

**20** End of Quarter 2 (46)  
**23** Christmas Break  
**Starts**  
**25** Christmas Day

JUNE '25						
S	M	T	W	Th	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

**15** Father's Day

JANUARY '25						
S	M	T	W	Th	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

**1** New Year's Day  
**2-3** No School (PMD)  
**6** School is in session  
**20** M.L. King Day- No School (PMD)

School in Session






School not in Session

PMD- Potential Make Up Day



# January 2024

Lunch \$3.25  
 Side Item \$ 0.75  
 Milk \$0.50  
 Smart Snack \$1.00  
 Large Water \$1.00  
 Small Water \$0.50  
**FREE** Extra Fruit and Vegetables  
 (Potato and Juice products excluded)  
**FREE** Cups are provided  
 to fill water at the water fountain

Monday	Tuesday	Wednesday	Thursday	Friday
1 	2 		4 <b>Mini Cinnis</b> Baby Carrots Tater Tots Fruit Milk <b>Alt: Uncrustable w/ String Cheese</b>	5 <b>Papa John's Pizza</b> Salad Fresh Veggies Fruit Milk Chocolate Chip Cookie <b>Alt: Uncrustable w/ String Cheese</b>
8 <b>Super Nachos</b> Salad Salsa Refried Beans Fruit Milk <b>Alt: Uncrustable w/ String Cheese</b>	9 <b>Cinnamon Roll Diced Ham</b> Tater Tots Fruit Milk <b>Alt: Uncrustable w/ String Cheese</b>	10 <b>Chicken Nuggets</b> Mashed Potatoes Green Beans Fruit Roll Milk <b>Alt: Uncrustable w/ String Cheese</b>	11 <b>Hamburger/Cheeseburger</b> Baby Carrots French Fries Fruit Milk <b>Alt: Uncrustable w/ String Cheese</b>	12 <b>Papa John's Pizza</b> Salad Fresh Veggies Fruit Milk Chocolate Chip Cookie <b>Alt: Uncrustable w/ String Cheese</b>
15  <b>NO SCHOOL!</b>	16 <b>Hot Dog on a Bun</b> SuperFries Baked Beans Fruit Milk <b>Alt: Uncrustable w/ String Cheese</b>	17 <b>Chicken Tenders</b> Mashed Potatoes Corn Roll Fruit Milk <b>Alt: Uncrustable w/ String Cheese</b>	18 <b>Mini Waffles Yogurt</b> Tater Tots Fruit Milk <b>Alt: Uncrustable w/ String Cheese</b>	19 <b>Papa John's Pizza</b> Baby Carrots Salad Shaker Fruit Milk Chocolate Chip Cookie <b>Alt: Uncrustable w/ String Cheese</b>
22 <b>French Toast Yogurt</b> Tater Tots Fruit Milk <b>Alt: Uncrustable w/ String Cheese</b>	23 <b>Beef Soft Taco</b> Salad Shaker Refried Beans Tortilla Chips Salsa Fruit Milk <b>Alt: Uncrustable w/ String Cheese</b>	24 <b>Popcorn Chicken</b> Mashed Potatoes Green Beans Roll Fruit Milk <b>Alt: Uncrustable w/ String Cheese</b>	25 <b>Crispy Chicken Sandwich</b> French Fries Baby Carrots Fruit Milk <b>Alt: Uncrustable w/ String Cheese</b>	26 <b>Papa John's Pizza</b> Salad Fresh Veggies Fruit Milk Chocolate Chip Cookie <b>Alt: Uncrustable w/ String Cheese</b>
29 <b>Chicken Noodle Soup Nacho Cheese &amp; Pretzel</b> Salad Shaker Fresh Veggies Fruit Milk <b>Alt: Uncrustable w/ String Cheese</b>	30 <b>Freshly Baked Donut Yogurt</b> Breakfast Oven Fries Fruit Milk <b>Alt: Uncrustable w/ String Cheese</b>	31 <b>Chicken Nuggets</b> Mashed Potatoes Corn Fruit Roll Milk <b>Alt: Uncrustable w/ String Cheese</b>	 <b>This institution is an equal opportunity provider.</b>	